



The year ahead for people

Sue Todd – January 2026

**Advance the mental
wellness of our
industry, so we can all
keep moving forward**





YAY list

In partnership with
campaign

1.

Sustainable performance

2.

Staying regulated through uncertainty

**Action is the antidote
to anxiety**

3.

**Building our
tolerance for not
knowing**

4.

Looking after leadership

5.

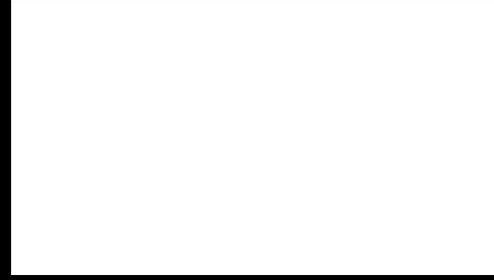
**From big fixes
to micro certainties**



NABS Supports

NABS Develops

NABS Connects



Thank you

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